

TABLE 3 Elementary School Program Design and Implementation Support Ratings

Program Name	Grade Range Covered	Grade-by-Grade Sequence	Average Number of Sessions Per Year	Classroom Approaches to Teaching SEL			Opportunities to Practice Social and Emotional Skills	Contexts that Promote and Reinforce SEL				Assessment Tools for Monitoring Implementation and Student Behavior		
				Explicit Skills Instruction	Integration with Academic Curriculum Areas	Teacher Instructional Practices		Classroom-wide	School-wide	Family	Community	Monitoring Implementation		Measuring Student Behavior
												Self-report	Observation	
4Rs	PreK-8	✓	35 period-long class sessions	✓	✓ English/language arts		●	●	●	●	○	✓		✓
Caring School Community	K-6	✓	Year-long, with 30-35 class meetings		Academic integration strategies provided	✓	●	●	●	●	●	✓	✓	✓
Competent Kids, Caring Communities	K-5	✓	35 lessons	✓	Academic integration strategies provided		●	●	●	●	◐	✓	✓	✓
I Can Problem Solve	PreK-5		59-83 lessons	✓	Academic integration strategies provided		●	●	○	●	○	✓	✓	✓
The Incredible Years Series	PreK-2	✓	64 lessons	✓	Academic integration strategies provided for English/language arts		●	●	○	●	○	✓		
Michigan Model for Health	K-12	✓	8-14 lessons	✓	Academic integration strategies provided		●	●	◐	○	○			✓
MindUP	PreK-8		15 lessons	✓	Academic integration strategies provided		●	●	○	○	○	✓		✓
Open Circle	K-5	✓	34 lessons plus supplementary lessons	✓	Academic integration strategies provided for English/language arts		●	●	●	●	○	✓		✓

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KEY	○ Minimal	◐ Adequate	● Extensive
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TABLE 3 Elementary School Program Design and Implementation Support Ratings (continued)

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				Explicit Skills Instruction	Integration with Academic Curriculum Areas	Teacher Instructional Practices		Classroom-wide	School-wide	Family	Community	Monitoring Implementation		Measuring Student Behavior
												Self-report	Observation	
PATHS	PreK-6	✓	40-52 lessons plus	✓	Academic integration strategies provided		●	●	●	●	○	✓	✓	✓
Positive Action	PreK-12	✓	140 lessons	✓	Academic integration strategies provided for English/ language arts		●	●	●	●	●	✓		✓
Raising Healthy Children	K-6	✓	n/a	✓	Academic integration strategies provided	✓	●	●	●	●	○	✓	✓	✓
Resolving Conflict Creatively Program	PreK-8	✓	16 lessons	✓	Academic integration strategies provided for English/ language arts	✓	●	●	●	●	○	✓		✓
Responsive Classroom	K-6	✓	n/a		Academic integration strategies provided	✓	●	●	●	●	○	✓		✓
RULER Approach	K-8	✓	Anchor Tools: 16 lessons + daily implementation; Feeling Words: 75 lessons		✓ English/ language arts	✓	●	●	●	●	○	✓	✓	✓
Second Step	PreK-8	✓	22-28 weekly topics across 5 days/week	✓	Academic integration strategies provided		●	●	◐	◐	○	✓	✓	✓

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TABLE 3 Elementary School Program Design and Implementation Support Ratings (continued)

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				Explicit Skills Instruction	Integration with Academic Curriculum Areas	Teacher Instructional Practices		Classroom-wide	School-wide	Family	Community	Monitoring Implementation		Measuring Student Behavior
												Self-report	Observation	
Social Decision Making/ Problem Solving Program	K-8	✓	30 topics	✓	Academic integration strategies provided		●	●	◐	◐	○	✓		✓
Steps to Respect	3-6	✓	11 lessons + 2 literature units (7-10 lessons in each)	✓	✓	✓	●	●	●	◐	○	✓		
Too Good for Violence	K-8	✓	7 30-60 minute lessons plus infusion activities	✓	Academic integration strategies provided		◐	◐	◐	◐	◐	✓	✓	✓
Tribes Learning Communities	K-12	✓	n/a		Academic integration strategies provided	✓	●	●	●	●	○	✓		✓

KEY	○ Minimal	◐ Adequate	● Extensive
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TABLE 4 Elementary School Evidence of Effectiveness Ratings

Program Name	Grade Range Covered	Characteristics of Sample Evaluated				Study Design		Evaluation Outcomes			
		Grades Evaluated	Geographic Location	Student Race/Ethnicity	% Reduced Lunch	Quasi-Experimental	Randomized Controlled Trial	Improved Academic Performance	Increased Positive Social Behavior	Reduced Conduct Problems	Reduced Emotional Distress
4Rs	PreK-8	3-4	Urban	African-American, Hispanic	62		✓ (1)	✓ ⁴	✓	✓	✓
Caring School Community	K-6	K-6	Rural, Suburban, Urban	African-American, Hispanic	0-95	✓ (2)	✓ (3)	✓	✓	✓	✓
Competent Kids, Caring Communities	K-5	4-5	Urban	Diverse	52-63	✓ (1)		✓			
I Can Problem Solve	PreK-5	PreK-1	Rural, Urban	African-American, Caucasian, Hispanic	91	✓ (1)	✓ (2)		✓	✓	
The Incredible Years Series	PreK-2	PreK-1	Not reported	Diverse	59		✓ (2)		✓	✓	
Michigan Model for Health	K-12	4-5	Rural, Suburban, Urban	African-American, Caucasian	11-98		✓ (1)		✓	✓	
MindUP	PreK-8	4-7	Urban	Diverse	Not reported	✓ (1)			✓	✓	✓
Open Circle	K-5	4	Suburban, Urban	Diverse	Not reported	✓ (1)			✓	✓	
PATHS	PreK-6	K-5	Rural, Suburban, Urban	African-American, Caucasian	39-80	✓ (1)	✓ (4)	✓	✓	✓	✓
Positive Action	PreK-12	K-5	Urban	African-American, Asian-Pacific Islander, Hispanic	25-75	✓ (2)	✓ (2)	✓		✓	
Raising Healthy Children	K-6	1-6	Suburban	Caucasian	28-33		✓ (1)	✓	✓	✓	
Resolving Conflict Creatively Program	PreK-8	1-6	Urban	African-American, Hispanic	86		✓ (2)			✓	✓

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⁴For students at behavioral risk.

TABLE 4 Elementary School Evidence of Effectiveness Ratings (continued)

Program Name	Grade Range Covered	Characteristics of Sample Evaluated				Study Design		Evaluation Outcomes			
		Grades Evaluated	Geographic Location	Student Race/Ethnicity	% Reduced Lunch	Quasi-Experimental	Randomized Controlled Trial	Improved Academic Performance	Increased Positive Social Behavior	Reduced Conduct Problems	Reduced Emotional Distress
Responsive Classroom	K-6	3-5	Urban	Diverse	35	✓ (1)		✓			
RULER Approach	K-8	5-6	Suburban	Caucasian, Diverse	6-7	✓ (1)		✓	✓		
Second Step	PreK-8	1-6	Suburban, Urban	Diverse	20-75	✓ (2)	✓ (2)		✓	✓	✓
Social Decision Making/Problem Solving Program	K-8	4-5	Suburban	Not reported	Not reported	✓ (2)		✓	✓	✓	✓
Steps to Respect	3-6	3-6	Rural, Suburban, Urban	Diverse	40		✓ (2)		✓	✓	
Too Good for Violence	K-12	3	Not reported	Caucasian, Hispanic	54		✓ (1)		✓		
Tribes Learning Communities	K-8	3	Not reported	African-American, Caucasian	30-33	✓ (1)		✓			