

How are you smart?

Topic: Multiple Intelligence

Grade: 8

Barb VanDoorn

Time: 40-45 min

Lesson Objectives:

- Learn about Multiple Intelligences and their connection to careers
 - Be able to identify intelligences in self and others
-

Standards Supported:

- B.8.2.4 Integrate knowledge of aptitudes and interests when setting and revising goals.
 - G.1 Develop the ability to make informed career decisions based on self knowledge.
-

Introduction

- School assesses in many ways... in some classes you probably feel smart, in others, not so much. But people are smart in more than just school subjects.
- The question shouldn't be "how smart are you," it should be "how are you smart."

Discussion/Action

- Explain Multiple Intelligence- doesn't replace IQ, just another way of recognizing how people are smart.
- **Handout-** "How are you smart." Explain how MI works—can be more than one area, can also work to improve, is directly related to careers; give examples.
- **Video-** (3.30 min; link on webpage)- Prep—video will explain what Multiple Intelligence is and how we got there. <https://youtu.be/1wkFGXqJxas>
- Refer to handout, *does one or more of these categories sound like you?*
- Most of us aren't just smart in one area—give example—and people that excel in an area are exceptional in a couple areas.
- Try **Multiple Intelligence online quiz** (link on website); and record your results. <http://www.literacynet.org/mi/assessment/findyourstrengths.html>
- *Does this sound like you? Are you smart in more than one area? What is your weakest area? How can you strengthen it?*
- *How do your areas of intelligence match up with careers? (see chart on website) Why would a surgeon be strong in "body smarts"?*
- *Let's take that career search one more step and look at a larger list. (click "Career Math" link on website) Find careers that match to your intelligence that sound interesting to you. Record them.* <http://bestcareermatch.com/career-chart>

Discussion/Conclusion

- It's good to know your personal intelligence; make the connection between those intelligences and careers (why it's important, ex. Nature smarts and accounting, poor combination). Discuss.
- How can knowing other's intelligence help in getting along?
- What about areas you are not strong in—what should you do there? (Give example—not nature smart) Practice making yourself do things you aren't comfortable with.

Wrap Up (optional)

- Go to “**Multiple Intelligence Emersion.**” (link on website) Try out your strength, and then practice your weaker areas. <http://surfaquarium.com/MI/intelligences.htm>

Materials:

How are you smart? (handout)

Stretched Counselor website for links <http://www.stretchedcounselor.com/guidance.html>
