

Lesson	Andrew's Angry Words
Grade:	Grades K Elementary
Subject:	Anger Management

Topic:	To teach students about the power of words and effective ways to deal with anger
Objectives:	<p>Students will:</p> <ul style="list-style-type: none"> • Learn how to use conflict-resolution skills with peers and adults • Learn techniques for managing stress and conflict • Identify and express feelings • Use effective communication skills
Materials:	<ul style="list-style-type: none"> • <u>Andrew's Angry Words</u> by Dorothea Lachner • Activity paper and word list
Introduction:	Introduce the topic by explaining that today we are going to talk about the power of our words. Ask the students what contagious means. Explain that our words can also be contagious.
Development:	<ol style="list-style-type: none"> 1. Read <u>Andrew's Angry Words</u> by Dorothea Lachner 2. Ask: <ul style="list-style-type: none"> ➤ What happened to the angry words once Andrew said them? ➤ Why couldn't Andrew get the angry words back? ➤ What did the woman at the marketplace do to get rid of the angry words? ➤ What do you think were some of the nice words the woman gave to Andrew? ➤ Why do you think Andrew's bunch of nice words got bigger the more he gave them away? ➤ Can your words effect other people?

Practice:	<ul style="list-style-type: none"> • Hand out activity sheet and word list. Write their name on the paper (Emma's Nice Words); instruct them to draw picture of self in the middle of the paper. <p>Have students cut out nice words and glue them to the paper around them.</p>
Discussion:	While students are working, discuss ideas and situations from the book; relate them to real life situations
Source:	Adapted from Laura Samide, Maple Elementary, Avon, IN

Thank You

Please

You're nice

I like you

Excuse me

Can I help you?

I'm sorry

Let's share

You're my friend

You can play with me

Thank You

Please

You're nice

I like you

Excuse me

Can I help you?

I'm sorry

Let's share

You're my friend

You can play with me

's kind words

Make sure we say kind words so we won't have the problems Andrew did.